

Poloxia

(Oltenia, Romania)

Almost all over Oltenia, in the village dance cycle, many variants of Poloxia could be found along with two other dances: Brăulețul and Galaonul. It can be a men's dance or a mixed dance. Poloxia is a name of unknown etymology. This variant is proper to the village of Bârca in the middle of the Dolj district.

Pronunciation: poo-LOHK-see-ah

Music: Theodor Vasilescu Romanian Folk Dances, Stockton '97 2/4 meter

Formation: Line or semicircle with hands joined in V-pos. Hands could also be joined in a back- or front-basket hold.

Meas

Pattern

INTRODUCTION. None—dance starts with music.

PART A

- 1 Facing diag R and moving in LOD, leap onto R, L (cts 1,2).
- 2 Facing diag L turn 1/8 to L with 3 small steps R, L, R (cts 1,&,2).
- 3 Repeat meas 2 with opp ftwk and direction.
- 4 Repeat meas 2.
- 5-8 Repeat meas 1-4 with opp ftwk and direction.
- 9-16 Repeat meas 1-8.

PART B

- 1 Facing ctr and moving fwd, leap onto R, L (cts 1,2).
- 2 Stamp in place on R, L, R (cts 1,&,2).
- 3 Moving bkwd take two large steps L, R (cts 1,2).
- 4 Facing ctr, step bkwd on L raising R ft with bent knee (ct 1); bounce slightly on L in the same pos (ct 2).
- 5-7 Repeat meas 1-3.
- 8 Step bkwd on L raising R ft with bent knee (ct 1); bounce slightly on L, straightening R knee fwd (ct 2).
- 9 Step in place on R raising L ft with bent knee (ct 1); straighten L knee fwd (ct 2).
- 10 Repeat meas 9 with opp ftwk.

PART C

- 1 Moving fwd to ctr, stamp on R with wt, slightly bending R knee (ct 1); soft step on ball of L ft behind R (ct &); repeat cts 1, & (cts 2,&).
- 2-3 Repeat meas 1 twice more (6 stamp-steps in all).

Poloxia—continued

PART D

- 1 Facing diag L, leap onto L while kicking R ft fwd (ct 1); facing ctr, hop on L with R knee bent (ct 2).
- 2 Repeat meas 1 with opp ftwk and direction.
- 3 Repeat meas 1.
- 4 Facing diag L, jump strongly onto both ft, R ft slightly fwd (ct 1); jump again on both ft, R ft slightly bkwd (ct 2).
- 5-6 Repeat meas 4 twice.

PART E

- 1 Facing ctr, jump on both ft, R in front of L (ct 1); jump on both ft apart (ct 2).
- 2 Moving bkwd, jump on both ft touching heels (ct 1); jump on both ft apart (ct 2).
- 3-4 Repeat meas 2 twice.
- 5 Moving bkwd, jump on both ft touching heels (ct 1); hold (ct 2).

PART F

- 1 Stamp on R next to L, no wt (ct 1); lift R ft (ct 2).
- 2 Repeat meas 1.
- 3 Moving fwd to ctr, leap on R (ct 1); step on L behind R heel (ct &); step fwd on R (ct 2).
- 4 Repeat meas 3 with opp ftwk.
- 5-6 Repeat meas 1-2.
- 7 Moving bkwd, jump on both ft with R crossed behind L (ct 1); jump bkwd on both ft with L crossed behind R (ct 2).
- 8 Repeat meas 7.

Sequence: Repeat Parts A-F four more times (five times total). On the last time, replace Part F, meas 5-8 with the following.

PART F, LAST TIME

- 5 Moving bkwd, jump on both ft with R crossed behind L (ct 1); jump bkwd on both ft with L crossed behind R (ct 2).
- 6 Repeat meas 5.
- 7 Facing ctr, leap on R in place (ct 1); step on L in front of R (ct &); step on R in place while raising bent L knee (ct 2).
- 8 Facing ctr, leap on L, raising bent R knee (ct 1); stamp on R, no wt (ct 2).

Presented by Theodor Vasilescu